

End the violence!

The police will help in case of domestic violence.

- If you experience violence, you can notify the police.
- The police action will be documented.
- The offender can be ordered to leave the residence for ten days.
- You can take further legal action.
- You have the right to receive counselling.
With your consent, the police will provide us with your contact details.

→ **Police emergency number: 110**

The intervention centre against domestic violence is here to help you personally.

We will provide you with counselling, support and professional help. If these measures are not enough to ensure your safety, the women's refuge offers shelter and protection.

→ **Contact:**

SKFM Mettmann e.V.

Intervention centre against domestic violence

Neanderstraße 68-72
40822 Mettmann
Telephone 021 04. 14 19 - 221

Women's and children's refuge

Telephone 021 04. 92 22 20
(day + night)

Sozialpsychiatrisches Zentrum

Beratung und Hilfe für Betroffene und Angehörige

Kontakt- und Beratungsstelle

Tel. 0 21 04. 14 19-125 | spz@skfm-mettmann.de

Ambulant Betreutes Wohnen

Tel. 0 21 04. 14 19-125 | wohnen@skfm-mettmann.de

Tagesstätte / Tagesstruktur

Tel. 0 21 04. 14 19-130 | tagesstaette@skfm-mettmann.de

Beschäftigungsförderung

Qualifizierung | Zuverdienst

Tel. 0 21 04. 14 19-160 | beschaeftigung@skfm-mettmann.de

Anerkannter Betreuungsverein Mettmann-Wülfrath

Gesetzliche Betreuungen | Begleitung Ehrenamtlicher | Vormundschaften und Pflegschaften für Minderjährige

Tel. 0 21 04. 14 19-0 | btg@skfm-mettmann.de

esperanza

Schwangerschaftsberatung | Väterberatung

Tel. 0 21 04. 14 19-245 | esperanza@skfm-mettmann.de

Frühe Hilfen

Eltern-Café MeKi | Familienhebamme

Tel. 0 21 04. 14 19-0 | info@skfm-mettmann.de

Gewaltschutz

Fachberatungsstelle gegen sexualisierte Gewalt

Tel. 0 21 04. 14 19-226 | sexualisiertegewalt@skfm-mettmann.de

→ Interventionsstelle gegen häusliche Gewalt

Tel. 0 21 04. 14 19-221 | interventionsstelle@skfm-mettmann.de

Frauen- und Kinderschutzhaus

Tel. 0 21 04. 92 22 20 (Tag+ Nacht) | frauenhaus@skfm-mettmann.de

Wohnprojekt nach häuslicher Gewalt

Tel. 0 21 04. 14 19-224 | wohnprojekt@skfm-mettmann.de

Hilfen für geflüchtete Frauen

Tel. 0 21 04. 14 19-0 | info@skfm-mettmann.de

„Der Laden“ – Second Hand für die ganze Familie

Mettmann Tel. 0 21 04. 14 19-150 | Wülfrath Tel. 0 20 58. 8 93 61 80

Ihre Spende hilft!

Kreissparkasse Düsseldorf . BIC: WELADED1KSD

IBAN: DE65 3015 0200 0001 7322 47

SKFM Mettmann e.V.

Neanderstraße 68-72 . 40822 Mettmann

Tel. 0 21 04. 14 19-0 | info@skfm-mettmann.de

www.skfm-mettmann.de



Domestic violence

Intervention centre
for the district of Mettmann



SKFM

Who can turn to us?

Our areas of counselling

- We counsel, accompany and support persons affected by domestic violence.
- Relatives, friends, persons from the social surroundings of the affected person as well as accompanying institutions can turn to us.
- In addition, we inform interested professionals on the subject of domestic violence.

Our counselling is

.....
voluntary
.....
confidential
.....
if requested, anonymous
.....
independent of nationality or religion
.....
solution- and resource-oriented
.....
free of charge
.....
competent
.....

What we offer

Personal counselling

We counsel you on legal and psychosocial aspects of domestic violence. We support you on your way out of violence.

In case of police action, we proactively contact you to provide you with initial information and offer counselling. If needed, we accompany you to appointments/contacts with the local court legal application office, lawyers, the police, etc.

Information and education

Domestic violence occurs in many forms. We inform you about psychological and physical abuse, sexualised violence, threats, stalking, economic violence, control and social isolation.

You can contact the intervention centre against domestic violence by telephone or e-mail:

**Telephone 0 21 04 . 14 19 - 221 or
interventionsstelle@skfm-mettmann.de**

We need your support!

Ways you can help

There are many ways to support our work. You can ...

- assist us actively by informing and encouraging persons affected by violence
- invite us to take part in an event on the subject, e.g. to hold a talk at your organisation or club
- inform yourself in order to overcome silence
- support our work financially

Are you interested? Don't hesitate to call!
Telephone 0 21 04 . 14 19 - 0

Bank account details:

Kreissparkasse Düsseldorf
BIC: WELADED1KSD
IBAN: DE97 3015 0200 0001 7370 06

Receipts for charitable contributions will be provided.

This flyer is available in various languages.

**Counselling. Support.
Accompaniment.**



Sponsored by:

Ministerium für Heimat, Kommunales,
Bau und Gleichstellung
des Landes Nordrhein-Westfalen

